

# ARGHYA

SPECIAL ISSUE-4

PART-1

[AUG-2018]

**INTERNATIONAL WOMEN'S DAY**

**8th March 2018**



**Theme:** *Time is now Rural and Urban activists transforming women's lives  
'Win the world as a Women'*

**Organized By:**

Shri Akhil Anjana Kelavani Mandal Sanchalit- Shri P. K. Chaudhari Mahila Arts College, Sec-7,  
Gandhaingar-382007, Gujarat (India)



Patel Krishna R.  
Shree P. K. Chaudhry Mahila  
Arts College,  
Grandhinegar.

F. Y . B . A . English

602

\* Win the world as a women



## ANITA DONGRE

Anita Dongre was perhaps the first Indian designer who recognised the potential of the ready-to-wear market at a time when designers were largely into couture. In over 30 years, she has built a fashion empire with four brands—AND, Global Desi, Grassroot and Anita Dongre (offering exquisite bridal couture and a prêt line for men


and women). In July 2017, Dongre opened the first international store of Grassroot in the posh neighbourhood of SoHo in Manhattan—the brand shares the same roof as the iconic NY designer Anna Sui. She later opened the Anita Dongre couture store in SoHo the same year, becoming the first Indian designer to open two flagship stores in New York.





## SCALING NEW HEIGHTS

### ANSHU JAMSENPA

Summitting the world's tallest mountain is the ultimate test of one's physical and mental endurance. But conquering it twice, that too in just five days, is when the strength of character and will touches the pinnacle. Last year, Anshu Jamsenpa, a mountaineer from Arunachal Pradesh, became the first woman in the world to achieve the feat of fastest double ascent of Mt Everest. This, however, was not the first 'double ascent' of the peak for this mother of two—in May 2011, she had climbed it twice in 10 days. In May 2013, she had again successfully attempted the climb to Everest. 



\* Win the World as a Women

Patel Riya. A

Shree P. K. choudhary Mahila

Arts college

Kandhinagar

f.y B.A English

605



### Sardars don't ask for Alms!

This incident happened two years ago. It left me and my father-in-law feeling really stupid and we were scolded by my husband too.

Two young *sardars* rang the doorbell one Sunday morning, and invited us to the local *Gurudwara* for *langar* the next Sunday. Just to get them to leave, I told them that I would be there. Then they asked if we would like to donate so they could feed some children, I agreed and gave Rs 200 to them. Then one of them produced a pen and a piece of paper. He asked me to write my biggest wish on it and fold it and keep it. I did just that. The other *sardar* introduced him as a big *giani* and fortune teller/blesser.

To my surprise he told me exactly what I had written and asked me to give him ₹500 more. I did that and then he asked for water. Meanwhile he took another ₹1000 from my father-in-law. Then they hastily left after reminding us to be at the *langar* the following Sunday. After 5 minutes, I felt something fishy and called the watchman to stop them but they had already left.

It so happened that they had taken money from other flat owners too and fleeced others in the locality. I then told our chairman who is also a *sardar* what happened. He told me that the *gurudwaras* never ever ask for donations as they have plenty of willing donors and never send people door to door either. I wrote about this incident on our area Facebook page to warn the other residents not to get duped like I did. I still feel stupid when I think of it. Because of incidents like these, sometimes we don't help the people who are really needy just because we think we are being fleeced. – Trupti Patel, Mumbai.



## ESHA KAKKAR

Corporate professional turned patisserie owner

“No corporate job can match the feeling of nurturing your own startup and see it grow like your own baby every day”, says Esha Kakkar, who worked in the best of companies and was used to the allure of hefty pay cheques and plush offices. Today she runs one of the most successful bakeries of Ahmedabad along with her sister. But quitting the corporate was more circumstantial than out of choice. She recalls, “My father had passed away and I had to take a transfer to Ahmedabad. My sister who was

an acclaimed chef too returned to the city during this time. We realized that global cuisine, theme based restaurants were getting widespread acceptance in the city. With that little understanding, we started Indulgence, the first entirely women run patisserie of Ahmedabad. Since, there has been no looking back.”

But for Esha, it was hardly all hunky dory. There were problems at every stage and Esha had to really earn the tough way. She says, “When it comes to your venture, no job is small and perseverance is the only key to survive.”>

**“When it comes to your own venture, no job is small and perseverance is the only key to survive”**





PATEL KRUPA D.

SHREE P.K. CHAUDHARY

MAHILA ARTS COLLEGE

SECTOR: 7 GANDHINAGAR

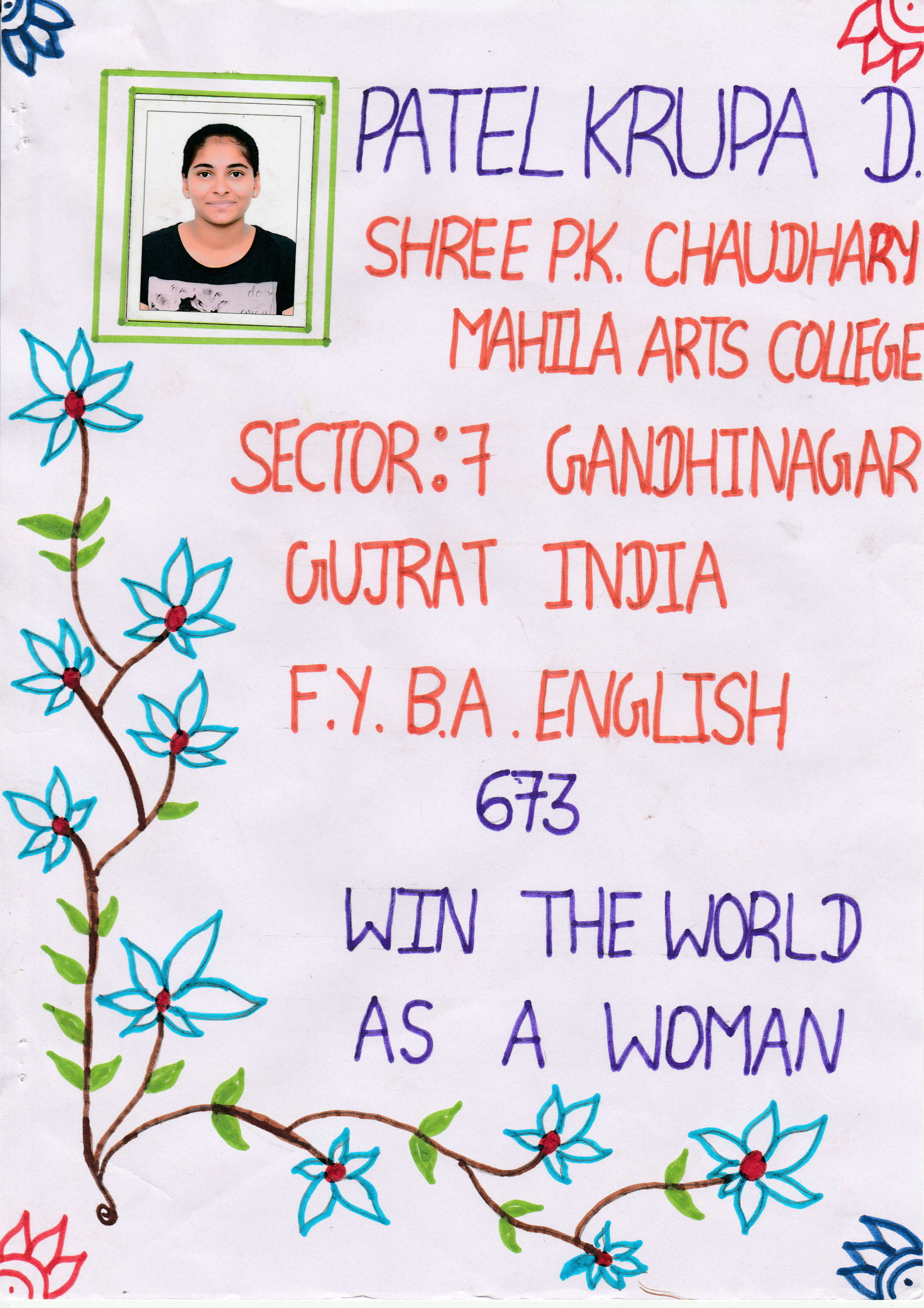
GUJRAT INDIA

F.Y. B.A. ENGLISH

673

WIN THE WORLD

AS A WOMAN



## MAYA CHACKO PAUL

Engineer turned French teacher



Being a software engineer is a coveted profession for many in the country, and a lot of families encourage their children to take up engineering and finish it up with a nice MBA to have a stable and successful career. Ahmedabadi girl Maya Chacko Paul's story is no different. At 16, she was socially conditioned to believe that science stream and engineering are the wisest academic choices. 4 years into engineering in college, and Maya had already lost all interest in the field. However, she followed it up with an MBA thinking it would open up more avenues. She was picked up by a top software firm during the campus placements. But two years into her job and she started feeling the restlessness and monotony again. Except for the money, there was no motivation for her to go to work and she dreaded it every single day.

As the work pressure and hours got unbearably long, she finally decided to quit her job. Clueless post her job, Maya who had always had an inclination towards languages decided to learn French. She began enjoying her classes and soon fell in love with the language. At this point though, she did not think of making it a career yet. She took up another job in a MNC and soon started feeling that she was missing her classes and especially the language. It was during this time she realized she needed to pursue the language she had begun to love so much.

She got back to studying and completed her B2 level in French. She secured a chance to go to France for a 7 month program to teach English in French schools. The tryst with the French riveira changed her life forever. It made her realize that not only did she love the French culture, but it was teaching that she enjoyed the most. She returned to India with a new perspective and started teaching French at a reputed institute in Ahmedabad. It's been more than 3 years that she has been a French teacher now and she says,

"No amount of money or titles can give you the unparalleled joy of doing something you truly love. But I am extremely grateful to my husband and family for their unwavering support and faith when our incomes reduced, and the family had to alter their lifestyle so that I could pursue my dream."

Maya says she is a perpetual learner and the life she has chosen makes her truly happy. She is currently pursuing her Masters in French.

**"No amount of money or titles can give you the unparalleled joy of doing something you truly love."**

Win the World as a Women



PATEL SHEETAL H.

SHREE P. K. CHAUDHARY

MAHILA ARTS COLLEGE

SECTOR: 7 GANDHINAGAR

GUJRAT INDIA

F. Y. B. A. ENGLISH

601





## SMASHING HIT

### PV SINDHU

**P**V Sindhu took the nation by storm at the 2016 Rio Olympics when she became the first Indian woman in the history of the Games to win an individual silver medal, and also the first badminton player from India to get there, surpassing Saina Nehwal's bronze in the 2012 Olympics. Sindhu, who currently ranks No. 4 in the world, shot to the limelight in 2013, when she won a World Championship bronze—the first Indian to do so. In 2017, she became the first Indian to win Korea Open Super Series, and also won gold at the India Open Superseries and silver at the World Championships. The 22-year-old Arjuna and Padma Shri awardee, who recently finished second at the 2018 India Open, has her eyes set on the upcoming Commonwealth and Asian Games, and the World Championships.



## CAPTAIN COOL

### MITHALI RAJ

**M**ithali Raj took up cricket as a profession at the age of 16, at a time when women's cricket in India neither had the official backing nor fans. The captain of Indian women's cricket team has always led by example and established many records—the youngest to score a hundred in women's ODIs, the highest run-getter in women's international cricket, the only female cricketer to surpass the 6,000-run mark in ODIs, the second-highest scorer in women's Test cricket, the first woman to score seven consecutive fifties in T20I cricket, the first captain (man or woman) to lead India to an ICC World Cup final twice in 2005 and 2017.

The captain cool scores equally well off-field too—whether by calmly reading a book while waiting to bat in the opening match of the 2017 World Cup and going on to score her seventh half century, or shutting down a sexist question on naming her favourite male cricketer during a press conference—“Do you ask the same question to a male cricketer?” she asked in return. Raj may or may not play the 2021 World Cup, but she has definitely managed to put the spotlight on women's cricket. Her latest cause? Getting the sports authorities to flag off a women's IPL. Enough said.



College:- Shree P. J  
Chaudhary Mahila  
Arts college  
Sec:- 7 Gundhinagar  
Gujarat India  
Name:- Vesaiya Srushti K  
Class:- 5.Y BA Eng  
Roll No:- 1583

Win the world  
as a woman





## Expressing Joy through her Art

Meet artist Swati Pasari. By Suman Bajpai



Kolkata-based artist Swati Pasari's life and paintings revolve around the celebration of life and joy. While some of her paintings talk about immortality and timelessness, others talk about finding inner stillness and peace. These are the life goals of this energetic artist who has discovered painting as one of the ways to attain inner peace. She looks at each painting as a mirror that portrays herself and all that she stands for, being a *pranic healer*, she has a strong spiritual side to herself and most of her paintings are made with the intention of spreading positivity.

A self-taught artist Swati, never thought of taking this as a professional career, but with *pranic-healing* and meditations she understood that this is her inner calling and this is the purpose of her life.

Swati Pasari rose to fame with her signature vibrant sculptures and paintings that she says are not exactly careful calculation because she picks up a brush and just goes with the flow.

Though the formal artistic journey started only in 2007, it has not taken her long to acquire a prominent position in the world of painting, where her work is being

exhibited and appreciated all over the world. She has already exhibited her paintings in several parts of the world with many upcoming exhibitions scheduled.

Excerpts from a conversation with the artist:

**When did you first realise that you want to become an artist?**

Art had been my calling since long – ever since I was a child, I wanted to do something which was



creative, and art was a natural choice. However, I went to study abroad and came back to join family business when one day I decided art was what I was passionate about and it was a full time vocation for me. So, what was a hobby became a calling and profession.

**You did graduation in Commerce. Have you ventured in any kind of business before trying your hand at painting?**

Yes, when I came back from Australia after doing graduation, I did go into the business life again. I tried to understand how things work. I spent a lot of time in business actually before I got into my art, which was a sense of inner search.

**It seems that your art is driven by the spiritual beauty of nature and the universe which has created everything. Can you throw some light on this?**

Art for me is a way to seek the spirituality and divine – I believe in celebrating each and every moment of my life and use art to seek the same. I totally believe in the universe and feel that it is energy and a creator. It is natural to draw toward nature as it is god's creation and being a spiritually inclined person, you connect to every form of nature.

**You always use vibrant colours. Is it an expression of joy and bliss?**

My motto and vision is celebration of life, and art is a means to find this joyousness. So I use vibrant colours always. Colours play a very important role in anybody's life. They uplift your emotional state. If a person sees a lot of colours, he/she starts feeling happy. A kind of joy and bliss prevails and he/she starts celebrating life. I use lots of vibrant colours, so that seeing my paintings, a person will uplift from within.

**Your brand name 'Soulink' is highly appreciated, can you tell about it and the journey of this process?**

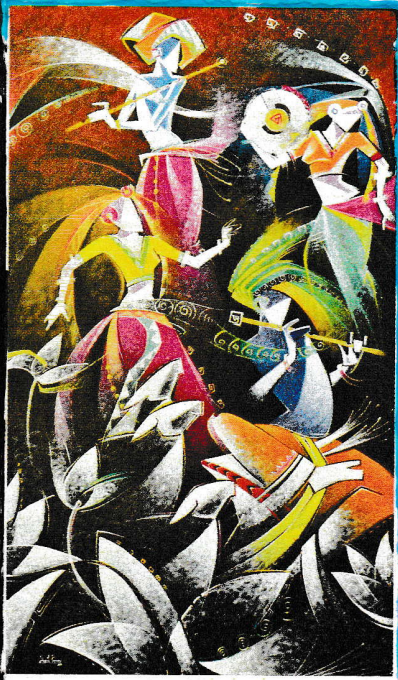
Soulink is a study of connection

between life and what constitutes life. It is an expression of joy and celebration of colours on canvas. A canvas is a blank sheet just like life. Whatever colour it assumes, lies entirely in the hands of the artist. I fill colours and soul in canvas. They say that you have to be lost in order to be found. Every artist strives for inner peace, and art is only a method of finding inner wholesomeness. I have been professionally painting only since 2007 and in those few years, I have already exhibited in several parts of the world with many upcoming exhibitions scheduled. Numerous awards have come my way – the journey has not been easy but totally worth it.

**You sculpt as well as paint, are you a sculptor who paints or a painter who sculpts? Which expression of yours fascinates you more?**

I tried my hand at sculptures and then used my painting skills to further narrate visual stories on life-size sculptures. For me to decide whether I am a sculptor or painter is difficult. I am a creator who translates the deeper meaning of life into artistic subjects. It is just way of expression. I create my inner realisation and awareness and self into a form of art and express. I feel





expressive in both the roles. Both are wonderful expressions of love and joy. Like a mother cannot choose between children, similarly I cannot choose between both.

**Deities like Ganesha, Krishna and Buddha are prominent subjects of your sculptures. Are you a religious person?**

There is a difference between being spiritual and being religious. I am more of a spiritual person and for me Krishna is an expression of celebration. Instead of god, Buddha is an expression of peace. I have done Shiva also, which is a symbol of will power, Ganesha projects wisdom and strength. What I portray is the emotion behind it. I do not think of it as a religious notion but as an abstract form to depict the divine soul and the emotions which I seek to capture.

**Does the mood of the artist influence the end results of his/her paintings?**

No, it is the soul and deeper consciousness of the

artist's which influences an artist work, colours and expressions. I meditate a lot and actually go deeper within. There is an ocean within us. If we can connect to it, we can come to many creations in life. What I feel inside, I can portray outside. So, mood plays a vital role.

**Apart from art, what are your other hobbies?**

I love to drive. I read spiritual and self analysis books. Love to spend time with my family. I am like any normal young girl who loves to enjoy her life.

**You are also a Pranic healer, how did you get into this practice?**

After coming back from Australia, something was missing within me. I didn't realise the purpose of my life. It is only then I got into this practice. Then only I realised that purpose of my life is art. Only through this practice I could overcome my weakness, my challenges. It has changed me as a person. I can say in a bid to help people, I got into pranic healing.

**What's your design approach and philosophy?**

You can design your own life the way you want. One must enjoy every moment of life, it is a beautiful gift. Celebration of life in all aspects is my design approach and philosophy.

**What kind of challenges you faced in this journey of art?**

It was a very big challenge to make people understand that art is a respectable profession. Coming from a Marwari background, taking up art was not easy but at the end of the day if you are convinced no one can plough you down. My grandfather was a pillar of my strength and he supported me. All credit goes to him.

**Do you have any particular dream to be fulfilled in the field of art?**

I want to promote world peace and harmony through art.

**You are in this field only since 10 years, but your immense artistic maturity, has placed you in a very high place in the art world. You have already exhibited your paintings in several parts of the world with many upcoming exhibitions scheduled. How do you take this success and also who inspires you time-to-time?**

My inner calling, calmness, a desire to do well to the world and celebrate life as well as it is deeper consciousness is what drives me through.

**At this time when Indian art has got a worldwide acclaim, how do you come to terms with commercial aspect of art?**

Art is a form of expression and I feel that commercial aspect should not be dominating factor. But yes to sustain oneself, commercial aspect has to be taken care of. There has to be balance between in these two aspects. If someone says comes and say that I want to decorate my house with your art, it gives an immense pleasure to the artist. It is blissful.

**Where do you see yourself in next 10 years?**

Working more and more and celebrating art in all forms.





Name :- Sharna Mittal. A.

College :- Shri .P. K. Chaudhari

Mahila Arts College

Sector - 7, Gandhinagar

Class :- S.Y. B.A. (English)

Sem :- III

Roll No :- 1519

win the world  
as a woman

# HIT REFRESH: THE PURSUIT OF HAPPINESS

## HOMO DEUS A BRIEF HISTORY OF TOMORROW

BY YUVAL NOAH HARARI

**A** tour de force of contemplation on the past and future of the human race. Harari's crystal-clear prose reminds you of a time in human history, when millions died before their 40th birthdays from war, plague, influenza viruses. Fast forward to the post-nuclear bomb world order, where you are more likely to die from obesity than starvation, and more likely suicide, than war!

Today, as Harari says, age and death are fast becoming technical issues rather than fatalistic ones. Lifespans have doubled in the last 150 years, begging the question, if by 2050, death will be fully overcome? Imagine clinics where they can regenerate old cells and tissues, replace dysfunctional cells, set free nanorobots in the

bloodstream to conquer microbes and kill cancer cells. This seems to be where we are heading, hence the idea of man turning god-like, "a-mortal" rather than "immortal" (as in, an 'amortal' will not die a natural death, but is still vulnerable to accidents). Hence, the potential to become a Homo Deus. Man God. Quite a thought!

The book is delightful in that it makes you in a strange way, contemplate the tides of change at so many levels - what will parent-child relationships be like if parents live to 120? What if bosses were to stay in their seats, who have been shaped by the 80s? Let's face it, most people will have serial marriages as "till death do us part" will not be realistic with such long lives; and most 'bosses' or adults will reinvent themselves, several times in their lives. Most optimistically, the book says that the pursuit of happiness, (a Constitutional Right in the US) will be the MOST important one! A riveting read for our times.

FROM THE BESTSELLING AUTHOR OF SAPIENS

Yuval Noah  
Harari

Homo  
Deus

A Brief History  
of Tomorrow

## HOW WOMEN RISE BY SALLY HELGESEN AND MARSHALL GOLDSMITH

**I**t's not everyday that a bestselling globally renowned author conducts a mini-workshop with a book launch in Mumbai, and that is what Marshall Goldsmith did with a live audience of women when discussing the habits that keep women exactly where they are. A lot of these habits come from such a deep space of conditioning, "that when I asked a group of women to stop putting others first, stop trying to take on all the workload, and tell demanding people

around them to go get lost, and refuse to take on more than they could handle, some of them broke down and started to cry," shared Marshall. His book illuminates how, just like he identified self-generated obstacles for men in What Got You Here

Won't Get You There, with women, there are self-limiting tendencies that can easily be overcome if they wake up to the need to change their behaviours and attitudes as they climb their professional ladders. To illustrate, he uses true-life stories of women who nearly sabotaged their own growth, using behavior patterns that worked in the early years of their career, but not adapting new ones to go to the next level. An illuminating book that can change your life.

## HAPPYNESS LIFE LESSONS FROM A CREATIVE ADDICT BY DR YUSUF MERCHANT

**A** man who surfaced more whole and happy from every negative event or circumstance that threatened to engulf his spirit, Dr Yusuf Merchant is known in Mumbai as a drug-addict's hope and salvation, with his many years working to rehabilitate the self-damned. In this book,

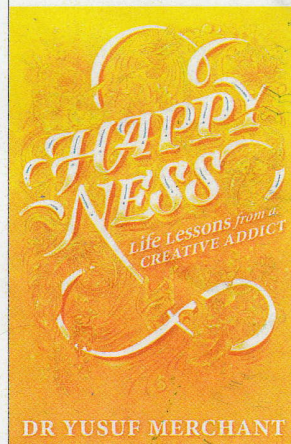
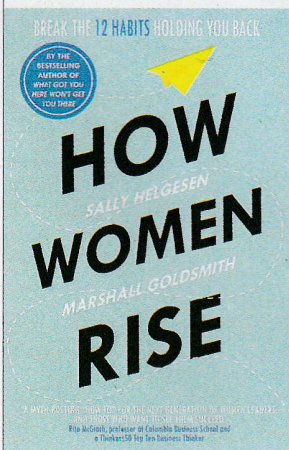
he walks us around the peripheries of happiness, showing how often we think, "if I have this" or "if so and so gets well" or "if I have a new house" etc, I will be happy. How we tend to be conditional in our frameworks of looking at happy states. In reality, he says, we need to take more responsibility towards creating positivity and happiness by changing our own alchemy in thought, word and deed. Sow positivity into your world, and the world has no choice, but to give you happiness in return. "One can generate good thoughts that will create good emotions and thereby ensure good actions. This

can catapult one into a positive state of being. However, one can also begin by doing good actions. The actions will breed good emotions and soon translate into experiencing good thoughts. Take your pick.

Whether you begin with good actions or good thoughts, the end result is the same - one will become more positive and happy."

Sadly, we live in times seeking instant gratification, which explains our addictive patterns - whether it is addiction to shopping, to sex, to pharma highs or drugs. Even if pharmaceutical companies spend billions of dollars on research, they will never succeed in creating a happiness pill. It is not possible to create a chemical concoction for happiness - temporary euphoria, perhaps, but not happiness." Even anti-depressants merely get you anti-depressed, not necessarily inducing a lasting happy state of mind! The logical approach to the mystery of deep, abiding joy, he shares, is that "Happiness is not an outcome. It is a process." Read on to figure out the many pathways that lead to this essential life-goal, in the good doctor's own voice. □

TEXT: SANGEETA WADHWANI



# Saumya Agarwal

The fourth-generation entrepreneur and Director of Vista Alegre, the porcelain and crystal behemoth, on the art of entertaining, the importance of a well-set table and much, much more...

## Current mood...

"Creative, ambitious and positive."

## What inspires you at the moment?

"Creation and collaboration. Breaking old norms with new concepts and ideas. A philosophy that is core to our company where we constantly create contemporary dinnerware in collaboration with world-renowned artists and design professionals. Where we constantly stretch the barriers of our materials to create different and unique designs. When design comes forth from the mind of the artist to the consumers home and memories are built around it... that is inspiring!"

## Tell us about Vista Alegre...

"It caters to everyone. Each and every individual, will find something that appeals to their personality in our store, as our collection spans concepts across the design spectrum. Vista Alegre Atlantis is amongst the world's most renowned leaders in crafting luxurious and stylish designs of porcelain, fine crystal, fine glassware, luxury earthenware and cutlery. It ranks as one of the finest, culturally diverse and historic manufacturers of porcelain in Europe. Vista Alegre's tableware is known for its use in the White House in the United States and in several other Royal households, including those of Queen Elizabeth II and King Juan Carlos of Spain. We have collaborated with world renowned designers such as Marcel Wanders, Oscar De La Renta, and Christian Lacroix. We have been awarded the prestigious German Design Award and the 'Red Dot Award for Design' on quite a few occasions."

**The new collection includes dinner sets, decorative pieces, gift items, a crystal range, strong tableware, bar, winery, lighting and stationery...**



"We are looking at becoming a holistic lifestyle company - to be able to provide our consumers with a 360 range, from laying out all the essential pieces for the home by expanding into porcelain lighting and candles for table centerpieces. Our new creations this year include two outstanding collections. The lighting collection with Ross Lovegrove and the Unica collection in art crystal and glass that combines old savoir-faire with contemporary design. Strong collaborations with designers and artists has always been our strength to create a setting."

## What makes the Indian consumer particularly discerning and stylish in your opinion?

"A rich heritage, a culture dating millenia, combined with travel and exposure, has enabled the educated Indian consumer to make informed choices that appeal to their character and personality."

## The elements for the perfect celebration...?

"Great company, delectable food and a dash of style makes for a perfect celebration. However, the ambience can turn a casual get together into a superb multi-layered soiree."

## Setting the table...

"Creating the right ambience enables guests to feel comfortable and relaxed. Creating a personal touch for each guest is very important. This can be done through the colour combinations of the plates to the arrangement of the centerpieces. Candles and vases will create two very different platforms on the same table. Setting the table is everyday dressing, the details are what make the difference."

**The making of an  
entertainment exponent par  
excellence...**

"A gracious and pleasing host makes everyone at the get together feel comfortable in relation to the grandeur or simplicity of the event."

What really helps is detail details and more details. From the flowers on the table to the frill on the table linen to the colour of the charger plates."

**Dream project...**

"To bring to India quality and heritage luxury brands from across the globe and to enable Indian consumers to make an educated and informed choice for their lifestyles – and finally, to be featured in *Forbes's* '40 under 40'. However, from finance at Goldman Sachs, New York I never imagined working in luxury retail, so I should let life take its own course."

**Required reading...**

"Charlotte Moss and Alberto Pinto must-reads for beginners (or even experts) in design and table setting. I also love Yuval Noah Harari and any other notable nonfiction authors in business or economics."

**Your greatest indulgence?**

"Reading books and continuous and constantly learning. I listen to podcasts while working out. You need to be updated about different spheres in life – not just the ones that directly pertain to your line of work."

**I can't leave home without...**

"My phone."

**A piece of technology that runs your life...**

"Google – and all its applications."

**Holistic living...**

"I am very spiritual and that helps me recalibrate my focus on a daily basis. Family is as important to me as work. Concentration, productivity, attention to detail and sleep enables me to live a well-balanced life." (Smiles).

**What's Next?**

"Currently, increasing the scope of Vista Alegre. Plans for future launches will be unveiled soon."



Name :- Dalwadi. Amisha. L.

college :- Shri. P. K. Chaudhari.  
Mahila Arts college.  
Sec-7, Gramdhinagar.

class :- S.Y. B.A [English]  
Sem - III

Roll No :- 1520

win the world  
as a woman

## **AMRITA KAK JHUNJHUNWALA**

**FORMER PLAYBACK SINGER, DESIGNER RUNNING THE LABEL 'MY LITTLE J BY AMRITA'**

### **What does friendship mean to you?**

"To be able to depend on someone for unconditional emotional support without judging each other and to always have each other's back, no matter what."

### **Your childhood besties and your fondest memories with and around them?**

"I was in boarding at Mayo College, Ajmer, and my besties are actually from that time – Sagarika Ghatge and Ritika Shahabadi Prasad, were a year junior to me. However, as things went, I started to share a truly special bond with them. Both are married and settled in Mumbai and I really miss chilling with them. We've had some amazing times together in school and after that, when we were in college in Mumbai. We've seen each other grow and we all know each other's shortcomings but have never been judgmental. We've partied together, gone through ups and downs together and it's been a beautiful journey so far. Sagarika and I even travelled together representing our school at inter-school dance competitions."

### **How do you like to spend time together when you catch up with friends?**

"When it comes to friends, honestly the place really doesn't matter. It's more about being together. It could be going out for a fun dinner or even chilling at home and chatting. Our conversations are never-ending."

### **Your favourite holiday with friends?**

"There have been quite a few but recently we did Gstaad with the kids. There were quite a few of us and it was an absolute blast. It was amazing as the kids had a blast together and so did we all."

### **Your best friend and what he or she means to you?**

"Sagarika and Ritika are my go-to people. Sagarika has this tendency of absconding every now and then (smiles) but then these two are family and we don't have anything to prove to each other. It's amazing how we know what the other one is thinking without having to spell things out. We share a beautiful understanding which you seldom come across these days. I am so grateful that I have them in my life."

### **What has been your greatest contribution as a friend?**

"I think I've been there to support my friends emotionally whenever they've needed me."

### **Do you believe in BFFs?**

"Yes I totally believe in BFFs and I am grateful I have mine."

### **If you had to set out on an adventure with your girlfriends, what would you choose?**

"I would love to go on a holiday with Sagarika and Ritika. We have made some twenty thousand plans and they haven't worked out because all three of us are super lazy in our own ways. I so wish we could do a holiday together at some point of time – could be a beach or honestly anywhere, would be super fun." ▶

**'My girls who I grew up with,  
the holidays we took, the nights  
we spent talking, the fights we  
had, the numerous life plans  
we made... Every memory is  
precious; am so proud of them!'**

**- Muskaan Sarin**

## **MUSKAAN SARIN**

**FOUNDER, KLIKLY.COM, AN  
ONLINE PLATFORM THAT  
PROVIDES MULTIPLE SERVICES**

**What does friendship truly mean  
to you?**

"Friendship for me means to be together through thick and thin, through ups and downs and to always bring the best out in each other."

**Your childhood besties and your  
fondest memories with them?**

"Childhood always makes me think of school, so of course all my school friends, my girls who I grew up with, the holidays we took, the nights we spend talking, the fights we had, the numerous life plans we made together. Every memory is precious, and I am so proud of all of them."

**How do you like to spend time  
together when you catch up with  
your friends?**

"On the couch with slow rock or jazz music and a bottle of wine!!"

**Your favourite holiday with  
friends? (Especially if it was  
with the ones we are featuring in  
HELLO!)**

"I have been lucky enough to have many! And each one of my trips have been special; Istanbul for my friend's bachelorette, Amsterdam with my best friend, Goa with my sisters, the Golden Temple, and the list goes on!"

**Your best friend and what he or she  
means to you?**

"I don't want to sound clichéd, but definitely my Mom, she means the world to me."

**What has been your greatest  
contribution as a friend?**

"I will have to ask my friends that!"

**Do you believe in BFFS (best  
friends forever)?**

"Of course! Till death do us apart."

**If you had to set out on an  
adventure with your girlfriends,  
what would you choose?**

"Definitely a spiritual one, a wellness yoga retreat in south India would be the perfect adventure with my girls."





College Shree P. K.  
Chavelhery Mahila  
Arts College  
Sec :- 7, Granthimayor  
Name Jadau Dhruvisha B.  
Class S.Y. B.A. Sem: 3  
Roll no 1585 (2018-2019)



**KAJAL FABIANI**  
**FOUNDER, KAJ FINE JEWELLERY**  
**How did you all meet?**  
"I have known Surily for many years now. We are close family friends. Cecilia and I first met around 10 years ago when I moved to Mumbai, and we hit it off immediately."  
**How often do you all meet and where do you like to hang out and bond?**  
"I see Surily a lot more, considering we both work in Bandra and we travel very often together. In Mumbai, we love to go to Bastian or Sequel for a quick, healthy meal during the week. Cecilia and I catch up whenever I am in town over a nice bottle of red wine at her place."  
**What do you love about the other girls?**  
"I admire how hardworking, dynamic and transparent both of them are. They also have a crazy side to them (which comes out most when we are hard at work)! What I love most about our synergy, is the way we motivate each other to be a better version of ourselves, whether it is at the gym or work place."  
**What does friendship mean to you?**  
"Someone who is consistent, honest and there for you when you need them."  
**What kind of a friend would you say you are to the ladies?**  
"I would say I am a very honest and very loyal friend. I treat my friends' successes or hardships as my own."  
**Have you travelled anywhere together?**  
"Yes - Surily's 40<sup>th</sup> birthday in Bhutan last year! It was such a magical experience, especially the trek up to Tiger's Nest!"

Win the world and a woman



Kajal Fabiani looks elegant in a beautiful dotted lace tiered skirt by Surily G and an off-shoulder top from Jonathan Simkhai, available exclusively at Le Mill. She completes her look with multi-coloured hoops, an uncut and full cut diamond cuff and a stackable eternity midi ring, all from KAJ Fine Jewellery



## CECELIA MORELLI PARIKH

CO-FOUNDER, LE MILL

### How did you all meet?

"I actually am not sure. It sort of feels like we've known each other for a while just by meeting at dinners or at friends' homes."

### How often do you all meet and where do you like to hang out and bond?

"We may not meet as often as we would like to but when we do, we spend a lot of quality time together. We like to hang out in Alibaug."

### What do you love about the other girls?

"Surily has this carefree attitude in public and in the way she dresses, but she's actually a pure taskmaster. If we get anything done, it's because she's pushing us. Kajal has a unique gift of making everyone around her really comfortable. She can pretty much talk to anyone you put in front of her. She's a master conversationalist, as they would have said in a Jane Austen novel."

### What does friendship mean to you?

"Loyalty."

### What kind of a friend would you say you are to the ladies?

"A loyal one, I hope!"

### Narrate an inside joke you share with one another...

"Surily thinks my husband is way cooler than me."

TEXT: JEENA J BILLIMORIA  
PHOTOS: RYAN MARTIS  
HAIR & MAKE-UP FOR KAJAL AND SURILY:  
GAYATRI DHAWAN  
HAIR & MAKE-UP FOR CECILIA: AYESHA SETH  
STYLING ASSISTANT: REENA ARYA

Cecilia is chic in a top from Dries Van Noten, exclusively available at Le Mill, paired with *bandhini* Goa pants by Surily G and strappy heels from Saint Laurent. Emerald and uncut diamond earrings from KAJ Fine Jewellery, adds the finishing touch to her ensemble

