

Comparative Study on Emotional Stability of Rural and Urban Boys Students

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ABSTRACT

The purpose of the present study was to find out the difference between Comparative Study on Emotional Stability of Rural and Urban boys Students. Total hundred (N=100) students were taken randomly in which 50 rural and 50 urban boys students were selected from District Patiala as a sample of study. Age limit of the subjects was from 18 to 25 years. To access the emotional stability of boys, emotional stability Inventory is developed by A San Gupta and was used. This inventory is highly reliable and valid. The data was collected from the students by filling the questioner. The result of the study indicates that there is highly significant difference between Emotional Stability of Rural and Urban boy's students for the statistical purpose t-test was used and level of significance was set at 0.05 levels.

1. Introduction

Emotional stability refers to a person's ability to remain calm or even kneel when faced with pressure or stress. Someone who is emotionally unstable is more volatile, which means the person faces an increased risk of reacting with violent or harmful behavior when provoked. The self-worth and emotional stability in psychological term displays a person's standard subjective, emotional evaluation or assessment of his or her very own value. It is a decision of oneself in adding up to a mind-set of a human closer to the self. It encompasses values of an individual roughly oneself in incomparable degrees of life. "The self-concept is what we think the self; self-esteem is the positive or negative evaluations of the self, as in how we sense approximately it." A man or woman's self-esteem and emotional growth develops throughout their life. Possessing a healthy capability for self-confidence, entails self-respect, self-acceptance and a pleasure of self-worth that embraces each strengths and boundaries. A person with good enough self-esteem's able to feel mentally and emotionally good.

Education places an important role in our life whether it is in school or at home. A student as to work harder to gain stability both mentally and physically, which changes the civilization in two groups that are called rural and urban areas. There is a huge difference between students studying in cities and villages as technology development in science had effected these areas differently. Thus study was done to compare mental abilities of students studying in rural and urban areas. Emotional stability is not one of the effective determinants of the personality patterns. But it also helps to control the growth of adolescent development.

4. Result and Discussion

Emotional stability is considered as one of the most important aspect of human life. Scot (1968) opined that emotional stability is one of the seven important indicators of superior mental health. If the pupil has very little emotional control, it may lead to anxiety, inferiority feeling and guilt (Fandsen, 1961). It has also been found that if the people want to be mentally healthy; this can be achieved only after a good sense of emotional stability. Emotional stability overcomes the fear generated by past errors. Emotional stability it also allows us to pursue our superior ideals and be of service to others. According to Smitson, (1974) emotional stability is the process in which the personality is continuously striving for the greater sense of emotional health, both intra- physically and intra-personally.

2. Methodology:

The Total Hundred (N=100) students were taken randomly from District Patiala as a sample of study in which 50 rural and 50 urban boys students were selected. The Age limits of the subjects were from 18 to 25 years. To access the emotional stability of boys, emotional stability Inventory is developed by A San Gupta and was used. This inventory is highly reliable and valid. The data was collected from the students by filling the questioner.

3. Statistics:

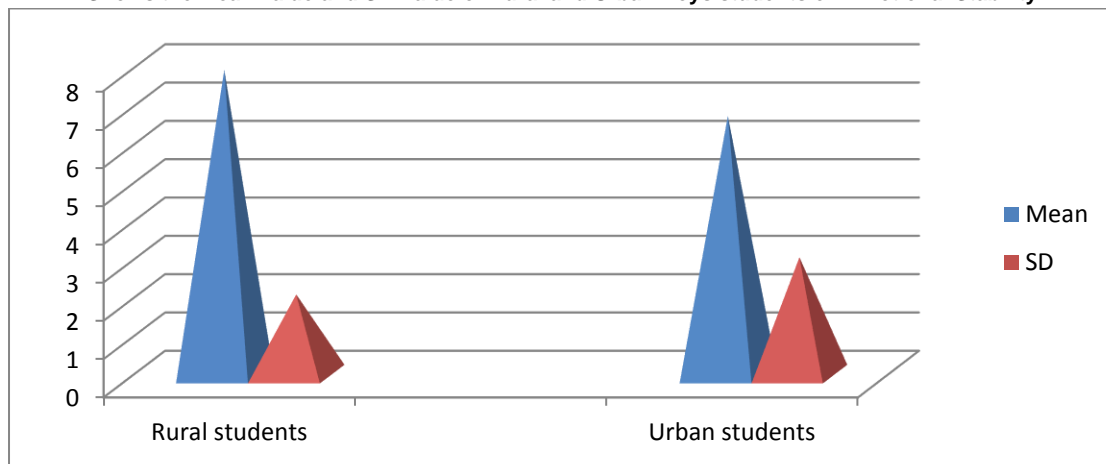
In the present study for the sake of analysis of data; mean and standard deviation of the raw scores of emotional stability of 50 rural and 50 urban boys' students were calculated from the students by filling the questioner. The statistical t-test was used and level of significance was set at 0.05 levels.

Table No - 1
Comparative between Rural and Urban Students on Emotional Stability

Groups	N	Mean	SD	MD	"t" value
Rural students	50	7.94	2.08	1.2	2.29
Urban students	50	6.74	3.05		

"t" (0.05) = 1.98, "t" (0.01)=2.61

Figure No - 1
Shows the Mean value and SD Value of Rural and Urban Boys students on Emotional Stability



From table no. 1, result showed that the rural students have better emotional stability ($M=7.94$, $SD=2.08$) as compared to the urban students ($M=6.74$, $SD=3.05$). The "t" value is 2.29 which are greater than the tabulated value, so it is highly significant at 0.05 levels.

5. Conclusion

It is concluded that there has been highly significant difference found in rural and urban boy's students. The rural boys have better emotional stability as compared to the urban boys.

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