A Study on frustration and Social Maturity of Graduate Students in Guntur District of Andhra Pradesh

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ABSTRACT

The Present paper is an attempt to study the relationship between frustration and social maturity of Graduate Students. A sample of 100 Graduate Students (50 male and 50 female) was selected randomly of Guntur district of Andhra Pradesh state. Reaction to Frustration Scale by B.M. Dixit and Dr. D. N. Srivastava and Social Maturity Scale by Dr. R.P. Srivastava were used to collect the data. The study reveals that there is no significant difference between frustration of male and female Graduate Students, there is significant difference between Social Maturity of male and female Graduate Students, there is low positive correlation between the variable frustration and Social maturity of male Graduate Students, there is positive correlation between frustration and social maturity of female Graduate Students.

INTRODUCTION

Modern time is characterized by and era of tension, stress, depression, anxiety, frustration owing to cut throat competition and increasing consumerism. In the present scenario frustration seems to be in the air. Ask any man, if he is feeling happy, contended, generally the answer is in negative. In this era, explosion of population and changing dimensions have brought a rapid change in socio-economic scenario of human life. The educators are worried about the growing indiscipline in the society and in the educational institutions which has caused deterioration in education. Some of the educationists are of the view that this indiscipline id indication of frustration in various forms among Graduate Students. Social Maturity has to do with how well people understand the nature of social world they live within. Social maturity is what enables us to functions as healthy persons. Without it, we end up difficult times to ourselves and causing a lot of difficult times for other people. A high degree of Social Maturity has something to do with a high degree of social skills. Maturity promotes the person not only in physical, mental and emotionally strong but also helps to develop social behaviour.

FRUSTRATION

Frustration is one of the most dominating factor influencing the individual behaviour. The sources of frustration are many and diversified. The specific situations that bring about frustration are endless but they can generally be put in to three categories. i.e. physical environment, Man’s biological limitations and psychological make-up. Many psychologists have pointed out the importance of frustration towards constructive side. The frustration may spur individual to greater and better organized efforts determined to achieve ultimate success and satisfaction. It may increase the strength of the motive and to redouble the efforts to go ahead with the blocked line of activity.

Keywords
Frustration, Social maturity and Graduate Students

Subjective Responses to frustration can be classified as
- **Extrapunitive** - In this type of conscious reaction the individual directs his reactions towards outward situation and other persons. He express his anger towards other people and blames them for his misfortunes.
- **Intropunitive** - In this type of reaction the individual experiences humiliation and built. He holds himself irresponsible and may conceive of himself as inferior and unworthy and feels helpless of depressed.
- **Impunitive** - In this type of reaction person feels embarrassed and shameful. No other person or event depressed.

There is some driving force or motivation behind all behaviour, which activates the individual for achieving the goal, when motivated behaviour is blocked by an obstacle, tension is produced and it lasts and long as the barrier is present. But frustration occurs only when the organism meets hindrances which are difficult or impossible to overcome (Malaviva, 1977). Frustration is an important phenomenon because of its close relation for the understanding of normal and abnormal behaviour, its inevitability in human life, its role in human adjustment and its growing importance in the modern times.
SOCIAL MATURITY

Social maturity means attaining maturity in social relationships. Maturity in social relationships means to establish good relations with family members, neighbors’, and friends. Playmates, class-fellows, teachers and other members of the society. Social maturity is also evidenced by individual’s capacity for making and keeping friends.


According to Dictionary of Education (2007) by Lohithakshan, ‘Social maturity means social development characterized by independence from parental and adult control in social situations’. It is characterized by the individual’s ability it mix with people in social situations and manager social dealings without anybody’s assistance. Social maturity is used to measure how well a person fits into the actions and expectations of the society. A person is said to be socially mature if he is skilled, self-directed and has ability to take stress, communicate, cooperate, tolerate and openness to change. Man is basically a social animal. His existence without social set up can hardly be imagined. He is born, develops, works and progresses in a society. There are various social factors (Parents, family members, classmates, friends, neighbors, peer group etc.) as well as psychological factors which contributes in the social maturity of an individual. Apart from social factors there are several psychological factors such as mental health, stress, depression, frustration, motivation, Intelligence and emotional intelligence which determine the level of social maturity and his success in forming and maintaining good social relations. Socially mature individual has the capability to make adjustment with himself and with his environments and circumstances.

OBJECTIVES OF THE STUDY

The present study is carried out with the following objectives:-
1. To study the frustration among male and female Graduate Students.
2. To study the social maturity among male and female Graduate Students
3. To Study the correlation between frustration and Social maturity of Graduate Students.
4. To study the correlation between frustration and Social maturity of male Graduate Students.
5. To study the correlation between frustration and Social maturity of female Graduate Students.

HYPOTHESIS

1. There is no significant difference in the frustration among male and female Graduate Students.
2. There is no significant difference in the Social maturity among male and female Graduate Students.
3. There is no significant correlation between frustration and social maturity of Graduate Students.
4. There is no significant correlation between frustration and social maturity of male Graduate Students.
5. There is no significant correlation between frustration and social maturity of female Graduate Students.

METHODOLOGY

Keeping in view the nature and main purpose of the study, survey method was considered to be the most appropriate for undertaking this study.

SAMPLE OF THE STUDY

In the present investigation simple random sampling technique was used for the selection of the sample. The sample size consist of 100(50 male and 50 female) Graduate Students of Guntur district of Andhra Pradesh state.

TOOLS USED FOR THE PRESENT STUDY

The following standardized tools were used for the collection of data:
1. Frustration Test: Reaction to Frustration Scale by B.M. Dixit and and Dr. D.N. Srivastava.
2. Social Maturity test: Social Maturity Scale by Dr. R.P. Srivastva

Statistical Technique used
The major statistical techniques used
1. Mean and standard deviation
2. Pearson’s product moment correlation
3. t-test

DATA ANALYSIS AND INTERPRETATION

Hypothesis: 1
There is no significant difference in the frustration among male and female Graduate Students.

Table 1: Difference on variable frustration among male and female Graduate Students

<table>
<thead>
<tr>
<th>Gender</th>
<th>N</th>
<th>Mean</th>
<th>SD</th>
<th>t-value</th>
<th>Level of significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>50</td>
<td>91.4</td>
<td>8.85</td>
<td>0.054</td>
<td>Not Significant</td>
</tr>
<tr>
<td>Female</td>
<td>50</td>
<td>93.3</td>
<td>11.76</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 1 shows that the mean value for male and female Graduate Students are 91.4 and 93.3 SDs are 8.85 and 11.76 respectively. T-value came out to be 0.054, which is not significant at 0.05 level of significance, when we compared it with the table value. Therefore, the null hypothesis, “There is no significant difference between frustration of male and female Graduate Students” is accepted.

Hypothesis: 2
There is no significant difference in the social maturity among male and female Graduate Students.

Table 2: Difference on variable social maturity among male and female Graduate Students

<table>
<thead>
<tr>
<th>Gender</th>
<th>N</th>
<th>Mean</th>
<th>SD</th>
<th>t-value</th>
<th>Level of significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>50</td>
<td>93.52</td>
<td>6.72</td>
<td>3.850*</td>
<td>Significant</td>
</tr>
<tr>
<td>Female</td>
<td>50</td>
<td>98.65</td>
<td>5.65</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 2 shows that the mean value for male and female Graduate Students are 93.52 and 98.65 and SDs are 6.72 and 5.65 respectively. T-value is came out to be 3.850*, which is significant at 0.01 level of significance, when we compared it with the table value. Therefore, the null hypothesis, There is
no significant difference between social maturity of male and female Graduate Students is rejected. The mean score of female Graduate Students is higher than male trainees. Hence we can conclude that female Graduate Students are more socially mature than male Graduate Students.

Hypothesis: 3
There is no significant correlation between frustration and social maturity of Graduate Students.

Table 3: Relationship between Frustration and social maturity of Graduate Students

<table>
<thead>
<tr>
<th>Variable</th>
<th>N</th>
<th>Mean</th>
<th>SD</th>
<th>r</th>
<th>Level of significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frustration</td>
<td>100</td>
<td>93.82</td>
<td>10.05</td>
<td>0.1245</td>
<td>Not Significant</td>
</tr>
<tr>
<td>Social Maturity</td>
<td>100</td>
<td>95.53</td>
<td>8.589</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

It can be clearly seen from the Table 3 that the value of coefficient of correlation came out to be 0.1245 for the frustration and social maturity of Graduate Students, which is not significant at 0.05 level of significance, when we compared it with the table value. Therefore, the null hypothesis is accepted. Hence we can conclude that there is non-significant positive relationship exist between frustration and social maturity of Graduate Students.

Hypothesis: 4
There is no significant correlation between frustration and social maturity of male Graduate Students.

Table 4: Relationship between Frustration and social maturity of male Graduate Students.

<table>
<thead>
<tr>
<th>Variable</th>
<th>N</th>
<th>Mean</th>
<th>SD</th>
<th>r</th>
<th>Level of significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frustration</td>
<td>50</td>
<td>88.52</td>
<td>11.65</td>
<td>0.0126</td>
<td>Not Significant</td>
</tr>
<tr>
<td>Social Maturity</td>
<td>50</td>
<td>89.57</td>
<td>10.87</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

It is noticeable from the Table 4 that the value of coefficient of correlation is 0.0126 for the frustration and social maturity of Male Graduate Students. Hence we can conclude that there is no significant positive relationship exist between frustration and social maturity of male Graduate Students.

Hypothesis: 5
There is no significant correlation between frustration and social maturity of female Graduate Students.

Table 5: Relationship between Frustration and social maturity of female Graduate Students

<table>
<thead>
<tr>
<th>Variable</th>
<th>N</th>
<th>Mean</th>
<th>SD</th>
<th>r</th>
<th>Level of significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frustration</td>
<td>50</td>
<td>87.80</td>
<td>8.503</td>
<td><strong>0.4552</strong></td>
<td>Significant</td>
</tr>
<tr>
<td>Social Maturity</td>
<td>50</td>
<td>98.62</td>
<td>7.910</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

It is noticeable from the table 5 that the value of coefficient of correlation came out to be **0.4552** for the frustration and social maturity of female Graduate Students, which is significant at 0.01 level of significance. Thus, the null hypothesis is rejected in the case of female Graduate Students. Hence we can conclude that there is a significant positive relationship exist between frustration and social maturity of female Graduate Students.

**FINDINGS OF THE STUDY**

1. There is no significant difference between frustration of male and female Graduate Students.
2. There is significant difference between social maturity of male and female Graduate Students.
3. There is low positive correlation between frustration and social maturity of Graduate Students.
4. There is very low positive correlation between frustration and social maturity of male Graduate Students.
5. There is low positive correlation between frustration and social maturity of female Graduate Students.

**CONCLUSION**

Male and female Graduate Students have equal frustration level. Social maturity of male and female Graduate Students was not found to be same. Frustration and social maturity of Graduate Students were found to be correlated. In case of male Graduate Students, very low positive correlation was found between the two variable under study. A low positive correlation between frustration and social maturity of female Graduate Students.

**EDUCATIONAL IMPLICATIONS OF THE STUDY**

The most outstanding characteristics of any research are that is contributes something new to the development of the area concern. Individual differences in frustration are of great practical importance in learning. Knowing frustration and social maturity level is also vital for educational guidance and counseling. By the use of this study, a teacher can guide Graduate Students for better achievement in learning. This study is also helpful for the teacher in teaching effectively.

**REFERENCES**


